

Lancashire and South Cumbria

# Plan for People with Learning Disabilities In Easy Read

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July 2022



Lancashire and  
South Cumbria

Health and Care Partnership

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# Introduction

This plan aims to make Lancashire and South Cumbria a great place to live for people with learning disabilities.



We need to understand learning disability and celebrate people with learning disabilities.



This means making sure there is good quality support and care across the **system** and people have full lives.



The **system** is a partnership of organisations that meet health and care needs across an area by organising and planning services.



A list of values and beliefs were coproduced for this work.

They were used for quality checking and challenging.



# Values



## **Inclusion**

Including people working across the whole health and care system and Experts by Experience.



## **Nothing About Me Without Me**

Listening to feedback and making changes.



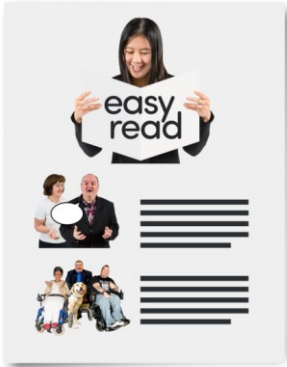
## **Self-Advocacy**

Learning from Experts by Experience as well as their friends, carers and professionals who support them.



## Resources

Treating people as experts and making best use of their time. Also stop doing the same things over and over again.



## Accessible Communication

Only communicate in ways that everyone can understand.



# Beliefs



This plan can only be written by all of us.



Sharing the work will give us the energy we need to make this plan happen.



This plan will never be finished and will need checking and changing as time goes on.



It is our job to bring people together to think about what is needed and get the resources to make change happen.



# Vision



We want to make Lancashire and South Cumbria a great place to live for people with learning disabilities.



People will be able to live the life they choose.



Our society will provide opportunities to help people do well.



Our services will meet people's needs and be there when they need them.



People will be healthy, feel valued and enjoy life.



# Plan



The aims of this plan may be hard to achieve.

Organisations will need to work together in a way not seen before.





We will need to run services in different ways.

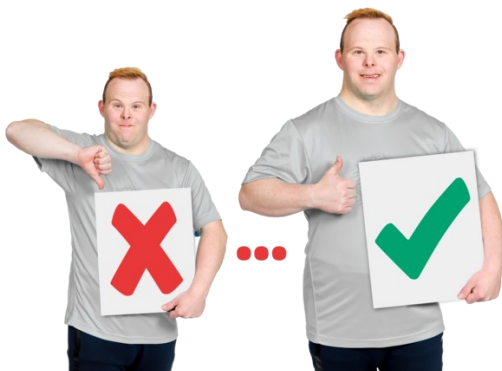
We will need to think differently about how people with learning disabilities live their lives.



People, families and carers need to be involved in making decisions.



**1. Listen to people, their carers and families and put them at the centre of everything we do**



We need to:

- Listen more to people's experiences and make positive changes as a result.



- Recognise that people, with their families and carers are best placed to make decisions about their life.



- Give children, young people, adults, families, friends and carers the confidence that we will listen and act on their experiences.



- Make sure advocacy is at the heart of everything we do.



- Empower people to support themselves with self-help support and tools.

We will:



- Move away from services doing things to people and towards services working with people.



- Support organisations to better understand people by listening to them.



- Give people accessible information and support on benefits, direct payments and how paid work can affect them.



- Explore projects led by people with lived experience to develop good services.



- Make sure everyone understands the importance of different types of advocacy including:
  - self-advocates
  - peer support workers
  - families and friends
  - providers.



- Bring together voluntary organisations to help people and their families learn about advocacy, advocacy skills and peer support.



- Start running celebration events where people can share their experiences with others.



- Use a whole family approach when working with children and young people where possible.



- Be open about things that did not work and lessons learned.



Lancashire and South Cumbria will be a place where:

- there is more understanding of learning disability



- we feel comfortable to talk about learning disability



- people feel fully included and celebrated in their communities



- people have a louder and more confident voice and feel they have a greater say about their lives.



## 2. Make sure people have access to good housing, education, relationships and jobs



We need to:

- Promise people they will have the same opportunities as everyone else to live a good life.



- Support more people to live in their own home with who they choose.



Make sure people get good education and training which leads to paid work.



We will:

- Make sure people have the support they need to reach their goals.



- Make it is easier for people to start their own support networks and events.



- Make sure no-one is alone and isolated by reaching out and helping them to develop networks, friendships and relationships.



- Provide support and guidance on love, sex, consent and relationships.



- Make a housing plan involving the whole system.



- Make sure people can choose to live somewhere that meets their needs.



- Make sure organisations know what housing options are possible and what may be needed in the future.



- Understand that living independently does not mean living on your own but instead having freedom, choice and control.



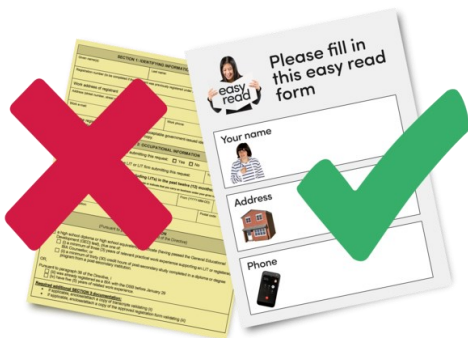
- Carry on developing supported living.



- Work in partnership with housing providers to develop a range of housing options.



- Use different ways of gathering information on people's needs for housing.



- Make sure it is clear how people apply for their own home.



- Look at how assistive technology can help people live independently.

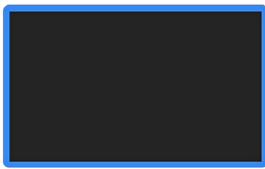




- Make sure that assessments look at work options so people benefit from the opportunities work brings.



- Create new ways to support more people to be in paid work by working with local businesses.



- Make sure children go to school as close to home as possible.



- Get young people ready for responsibility and the choices they will make in later life.



- Get education services and employers to promote work opportunities.



- Get more people into work, training or apprenticeships.



- Write guidelines and standards for employing people.



- Community coordinators will find work opportunities by talking to employers about the skills people can offer and the support that can be provided.



- Make sure people feel welcome and included at social and community events, clubs and teams.



- Provide activities and community support outside working hours.



- Make sure people know where to get information about what is happening and how they can get involved.



Lancashire and South Cumbria will be a place where:

- Children are educated close to home.



- Community events and groups are accessible and lots of people come.



- A quarter of people are in paid work by 2025.



- Employers understand learning disability and get support when they need it.



- People and their families are better connected to one another.



- There are a wider variety of housing options.



- More people are living independently.



### 3. Join up services across Lancashire and South Cumbria



We need to:

- Deliver health and care services in the same way across the whole system.



- Bring together:
  - self-advocates
  - family carers
  - health and social care commissioners
  - Police
  - voluntary organisations
  - employers
  - housing providers
  - health and social care providers



- Have a joint plan across the whole system for training staff.



We will:

- Make sure organisations work together to provide person-centred care and support.



- Make sure advocacy is available.



- Change how the system buys health, social care and community services to make sure they join up.



- Work in partnership and form partnership boards.



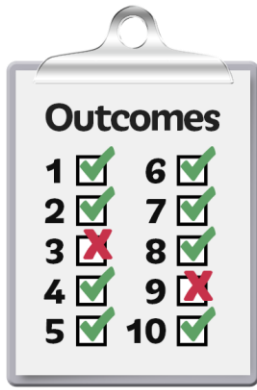
- Join up learning disability services across health, voluntary, primary care, community social care and acute services.



- Joint budgets so organisations do not argue about who is responsible.



- Health and social care join up IT systems and records around learning disability information.



- Health and social care ask for the same outcomes in learning disability contracts.



- Make sure staff provide the best care and treatment.

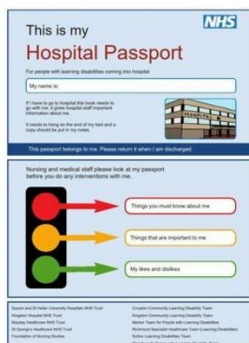


- Have a plan for staff working across social care, health and community services.
- Have more people working across social care, health and community services.



Lancashire and South Cumbria will be a place where:

- People have more control and choice over their care and fair access to healthcare



- People do not have to tell their story again and again because they have health passports.



- People see the same professional every time.



- Learning disability staff want to stay working there.

#### 4. Provide support in the right place at the right time



We need to:

- Make becoming an adult a positive experience which supports people to reach their goals.



- Make it is easier to move from school to adult services.



We will:

- Write a plan at the right time for each young person to move to adult services.





Join up the system to make sure organisations work together to write good plans with people.



Discuss choices about important issues such as housing or work early on.



Coproduce a new policy for the whole system about moving to adult services.



Support people to make decisions where they are able to.



Develop new roles to work with young people moving to adult services.



Provide role models who can advise and guide young people moving to adult services.



Make sure Adult Learning Disability Teams are aware of young people moving to adult services in advance.



Coproduce a clear process between children and adult services.



Have reviews every year for young people moving to adult services.



Make sure our staff have the skills and confidence around young people moving to adult services.



Lancashire and South Cumbria will be a place where:

- 8 out of 10 children have care and support planned with them by 2025.



- As people grow older they are supported to move to other services.



**5. Work in partnership to make sure people live long, healthy and happy lives**

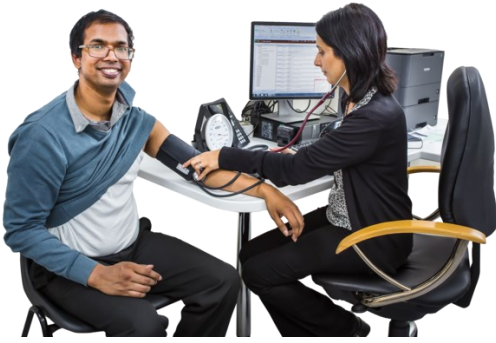


We need to:

- Work in partnership to make sure people get the best healthcare.



- Solve the problems which stop people getting equal healthcare.



We will:

- Make sure people get annual health checks.



- Make sure people have choice and control over how their health and care needs are met.



- Improve access to health services by making sure reasonable adjustments are made.



- Provide person-centred care and support to help people reach their goals.



- Make sure people can get specialist support when they need it.



- Fund support for people to leave secure hospitals.



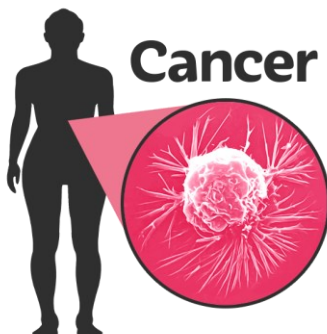
- Fund an assessment and treatment unit in Lancashire and South Cumbria to stop people needing to go out of the area.



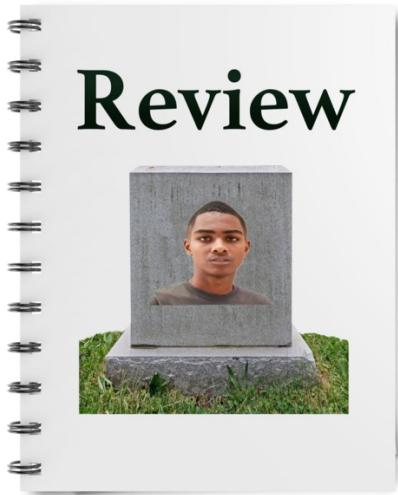
- Make sure people only go into a secure hospital when they need to.



- Check the quality of services.
- Make sure there is no difference in the quality of health and care support provided to children and adults.



- Improve cancer services and the number of people having cancer screening.



- Make sure people with learning disabilities live as long as other people.



Lancashire and South Cumbria will be a place where:

- People live longer and healthier with less illness, disease and people killing themselves.



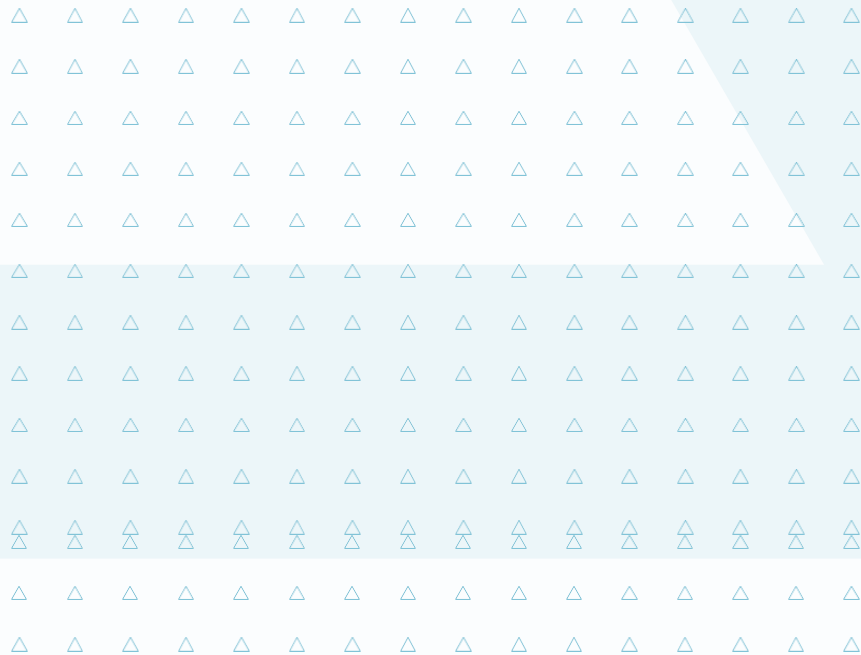
- People have good experiences with healthcare, social care and voluntary sector services.



- Less people need to go into secure hospitals.

# Easy read version of

# All-Age System Strategy for Learning Disability



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