

Please contact: Access to Information
Team
Email: MLCSU.FOITeam@nhs.net
Direct tel: 01782 916875

25 April 2024

Re: Your request for information under the Freedom of Information Act 2000
Ref no: FOI-3972-LSC

Thank you for your request dated 03 April 2024.

We can confirm that the ICB does not hold all the information requested.

Please find our response to your questions below:

1. I would like to request the following information about mental health support for children and young people aged 11 to 25 in Lancashire and South Cumbria under the Freedom of Information Act.

Which NHS trusts provide CAMHS?

- **Blackpool Teaching Hospitals NHS Foundation Trust**
- **East Lancashire Hospitals NHS Trust**
- **Lancashire and South Cumbria NHS Foundation Trust**

2. Which CAMHS services are offered? Please list these services.

Please visit the websites below for further information on what CAMHS services are offered.

[East Lancashire Child and Adolescent Services \(ELCAS\) :: East Lancashire Hospitals NHS Trust \(elht.nhs.uk\)](http://elht.nhs.uk)

[Children and Young People's Psychological Services :: Lancashire and South Cumbria NHS Foundation Trust \(lscft.nhs.uk\)](http://lscft.nhs.uk)

[Child and Adolescent Mental Health Service \(CAMHS\) for 5-18 years | Blackpool Teaching Hospitals NHS Foundation Trust \(bfwh.nhs.uk\)](http://bfwh.nhs.uk)

3. Do you operate a 0-25 service?

The CAMHS services supports young people up until their 19th birthday.

The services commissioned via Non-NHS Providers will extend to young people aged up to 25 based on need. [Healthy Young Minds :: Mental health and emotional wellbeing services \(healthyyoungminds.lsc.co.uk\)](http://healthyyoungminds.lsc.co.uk)

A transition policy is in place to support young people transitioning into adult services.

4. Can young people self-refer to CAMHS?

Yes, young people can self-refer via a self-referral form located on the Healthy Young Minds website.

5. Which of the following non-specialist publicly-funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data):
- a. Social prescribing
 - b. Bereavement services
 - c. Peer support
 - d. Mental Health Support Teams
 - e. School counsellors, mentors, or pastoral or key support workers
 - f. Educational psychologists
 - g. Youth groups
 - h. Wellbeing cafes or mental health drop-in services
 - i. Youth information, advice and counselling services (YIACS) / early support hubs
 - j. Advice line for mental health issues
 - k. Targeted service(s) for LGBTQ+ young people
 - l. Targeted service(s) for young people from minority ethnic / racialised communities
 - m. Targeted service(s) for other underserved groups (please list here)
 - n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)
 - o. Art or music therapy
 - p. Online support service / app
 - q. Occupational therapy
 - r. Any other service (please list here)

The ICB are unable to provide a response for all non-specialist publicly-funded services for young people's mental health.

The ICB commissions the following for Lancashire and South Cumbria:

Mental Health Support Teams in schools: Further details can be found here: [Healthy Young Minds :: Mental health support in schools and colleges \(healthyyoungmindsisc.co.uk\)](https://www.healthyyoungmindsisc.co.uk)

In addition, the ICB commissions a range of services for children and young people and further information can be found here: [Healthy Young Minds :: Mental health and emotional wellbeing services \(healthyyoungminds.lsc.co.uk\)](https://www.healthyyoungminds.lsc.nhs.uk)

6. Do any of the following exist in your area (please answer yes or no and elaborate if necessary):
- a. A CAMHS or young people's mental health partnership board?
 - b. A designated individual or team who coordinates partnership working across services for children and families / settings?
 - c. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?
 - d. Evaluation of young people's outcomes following engagement with services?
 - e. A young people's advisory group or official mechanism for young people to feed into service design and improvement?
- a. A Lancashire and South Cumbria Children and Young Peoples Mental Health Transformation and Delivery Board is established and takes place on a bi-monthly basis.**
- b. The ICB have a designated Children and Young Peoples Mental Health Programme team**
- c. Data sharing policy is in place for safeguarding**
- d. All services commissioned report on young peoples outcomes**
- e. Various groups across Lancashire and South Cumbria are established**
7. Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary.

There is a single point of access for young people with a mental health concern through the following:

[Accessing mental health support :: Lancashire and South Cumbria NHS Foundation Trust \(lscft.nhs.uk\)](https://www.lscft.nhs.uk)
[Healthy Young Minds :: Home \(healthyyoungminds.lsc.co.uk\)](https://www.healthyyoungminds.lsc.nhs.uk)

8. Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.
- The Children and Young Peoples THRIVE redesign aims to operate a no wrong door and we will continue to work towards it.**
9. Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary.
- Young people can self-refer via a self-referral form located on the Healthy Young Minds website.**
10. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary.

Response provided above.

11. Do you have a publicly available up-to-date list or directory of voluntary, community and social enterprise (VCSE) sector young people's mental health services? Please answer yes or no and elaborate if necessary.

A service map can be located here: [LSC Integrated Care Board :: Mental Health Services in Lancashire and South Cumbria \(healthierlsc.co.uk\)](http://healthierlsc.co.uk)

12. Do you involve the VCSE sector in any of the following?

- a. Planning / designing services. Please answer yes or no and elaborate if necessary.
- b. As delivery partners – e.g. young people are referred to services offered by the VCSE sector. Please answer yes or no and elaborate if necessary.

Yes, further information can be found here: [Healthy Young Minds :: Mental health and emotional wellbeing services \(healthyyoungmindslsc.co.uk\)](http://healthyyoungmindslsc.co.uk)

Right of Appeal

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within 40 working days from the date this response was issued.

To request an internal review

You can request this by contacting the FOI team by email at MLCSU.FOITeam@nhs.net or by post to Leyland House, Lancashire Business Park, Leyland, PR26 6TR, specifying why you require a review.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the CCGs FOI complaints procedure. The ICO can be contacted at:

Information Commissioner's Office, Wycliff House, Water Lane, Wilmslow, Cheshire, SK9 5AF
www.ico.gov.uk

Yours sincerely

**On behalf of Kevin Lavery
ICB Chief Executive**