



World Suicide  
Prevention Day  
#WSPD

Tuesday 10th September

Start the conversation  
**this World Suicide  
Prevention Day**

BE THE  
 ONE  
WHO MAKES  
A DIFFERENCE

Our training provides you with  
the skills to listen, support and  
signpost people in crisis towards  
appropriate support.

**Become an Orange  
Button-holder**

If you would like more  
information on becoming an  
Orange Button-holder visit our website:

[www.lancashireandsouthcumbria.icb.nhs.uk/orangebutton](http://www.lancashireandsouthcumbria.icb.nhs.uk/orangebutton)

or scan the QR  
code with your  
phone camera



**Listen, support, signpost**



**Lancashire and  
South Cumbria**  
Integrated Care Board