



This **World Suicide Prevention Day** make the difference and **start the conversation**  
**#WSPD | 10th September 2024**

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **orange button.**



**...they are people that have had the training to help you**

**Orange Button  
Community Scheme**

**Listen, support, signpost**



**Lancashire and  
South Cumbria  
Integrated Care Board**