

DRUG REGIMEN

Gemcitabine- single agent (ovarian/fallopian/primary peritoneal cancer)

Indication for use

Platinum resistant disease (progression within 6 months of completing a platinum-containing chemotherapy protocol) or platinum refractory disease (progression while being treated with platinum), after paclitaxel (taxane-resistant)

PS ECOG 3 or better

Regimen

Day 1 Gemcitabine 1000mg/m² IV in 250ml N saline over 30mins

Day 8 Gemcitabine 1000mg/m² IV in 250ml N saline over 30mins

Repeat cycle every 21 days for 6-8 cycles, interval assessment after 3 cycles.

Investigation prior to initiating treatment

FBC, U&Es, Calculated creatinine clearance, LFTs, CA125

CT staging Chest, Abdomen and Pelvis for comparison

Cautions

History of thrombocytopenia

Liver impairment

Investigations and consultations prior to each cycle

Day1: FBC, U&Es, LFTs

Day 8: FBC. If need follow-up abnormal levels for U&Es, LFTs.

CA125 : monthly or can be retrospectively looked at

Consultation prior to each cycle

Acceptable levels for treatment to proceed (if outside these levels defer one week or contact consultant)

Haematological Toxicity:

Proceed on day 1 if platelets ≥ 100 , neuts ≥ 1 . Delay 1 week on day 1 if platelets ≤ 99 , neuts ≤ 0.9

Proceed on Day 8 if platelets ≥ 75 , neuts ≥ 1

Omit Day 8 if platelets < 75 or neuts < 1.0 and proceed to the next cycle with dose reduced 20%

Dose Modification Criteria

20% dose reduction if there is a delay >1 week, if there has been a previous delay of more than 2 cycles or if the patient experiences neutropenic sepsis

Hepatic impairment: If bilirubin $> 27\mu\text{mol/L}$, consider reducing dose to 800mg/m²

Renal impairment: No safety data in patients with CrCl $< 30\text{mL/min}$. Consider dose reduction (clinical decision)

Side Effects

Gastrointestinal: nausea, vomiting, diarrhoea, constipation, mucositis

General disorders Malaise, fever, chills, urticaria, flu-like syndrome, dizziness during infusion

Oedema/peripheral oedema - including facial oedema

Haematological: neutropenia, anaemia, thrombocytopenia

Hepatobiliary: elevation of liver transaminases (AST and ALT), alkaline phosphatase and bilirubin.

Hypersensitivity reactions: Skin rash, urticaria, erythematous rash, and fever with no apparent cause or pruritus.

Musculoskeletal: backpain, myalgia

Pulmonary Toxicity: acute shortness of breath may occur. Discontinue treatment if drug-induced pneumonitis is suspected.

For Grade 3 toxicity: delay treatment until resolution of symptoms, then resume at 700-800 mg/m²

If Grade 3 toxicity persists, discontinue gemcitabine

For Grade 4 toxicity, discontinue treatment

Doses reduced for toxicity should not be re-escalated

Specific Information on Administration

Drug Interactions Warfarin/coumarin anti-coagulants – can increase anticoagulant effect or cause fluctuations. Avoid if possible or consider switching patient to a LMWH during treatment. If patient continues to take an oral anticoagulant, INR must be checked at least once a week and dose adjusted accordingly.

**THIS PROTOCOL HAS BEEN DIRECTED BY DR BADEA
DESIGNATED LEAD CLINICIAN FOR RESPONSIBILITY FOR THIS PROTOCOL LIES WITH THE HEAD OF
SERVICE**

DATE: November 2018

REVIEW: November 2020

VERSION: 1