

Chemotherapy Protocol

DRUG REGIMEN:

Lenvatinib

Indication for use:

Advanced or unresectable hepatocellular carcinoma (HCC) who have received no prior therapy
(Check NHS England funding criteria on Blueteq)

Regimen:

Adults weighing 60 kg or more (actual body weight)

Lenvatinib (Lenvima) 12 mg PO once daily until disease progression or unacceptable toxicity

Adults weighing less than 60 kg (actual body weight)

Lenvatinib (Lenvima) 8 mg PO once daily until disease progression or unacceptable toxicity

Investigation prior to initiating treatment

CT Scan
FBC, U&E, LFTs
Bone Profile
Coag
Cholesterol
ECG
Blood pressure
Urinalysis
TFTs
Performance status

Cautions

Monitor closely in patients with mild-moderate hepatic impairment (Child-Pugh A,B), not recommended in patients with severe hepatic impairment (Child-Pugh C)
Not recommended in patients with severe renal impairment

Investigations and consultations prior to each cycle

FBC, U&E, LFTs
Bone Profile
Cholesterol
Blood pressure
TFTs

Acceptable levels for treatment to proceed (if outside these levels defer one week or contact consultant)

Hb > 9
LFTs normal
Plts > 100
WCC and differential with normal range
U&E within normal range

Side Effects

Diarrhoea, hypertension, fatigue, decreased appetite, weight decreased, vomiting, nausea, proteinuria, stomatitis, headache, dysphonia, palmar-plantar erythrodysesthesia syndrome (PPE), peripheral oedema, hypercholesterolemia, renal failure and impairment, arterial thromboembolisms

Dose Modification Criteria

Optimal medical management (i.e. treatment or therapy) for nausea, vomiting, and diarrhoea should be initiated prior to any lenvatinib therapy interruption or dose reduction; however, gastrointestinal toxicity should be actively treated in order to reduce the risk of development of renal impairment or renal failure

Severe (e.g., Grade 3) or intolerable adverse reactions require interruption of the combination of medicines until improvement of the reaction to Grade 0-1 or baseline.

For toxicities thought to be related to lenvatinib (see Table 1), upon resolution/improvement of an adverse reaction to Grade 0-1 or baseline, treatment should be resumed at a reduced dose of lenvatinib as suggested in Table 2.

Treatment should be discontinued in case of life-threatening reactions (e.g., Grade 4) with the exception of laboratory abnormalities judged to be non-life-threatening, in which case they should be managed as severe reactions (e.g., Grade 3).

Grades are based on the National Cancer Institute (NCI) Common Terminology Criteria for Adverse Events (CTCAE).

Table 1 Adverse reactions requiring dose modification of lenvatinib

Adverse reaction	Severity	Action	Dose reduce and resume lenvatinib
Hypertension	Grade 3 (despite optimal antihypertensive therapy)	Interrupt	Resolves to Grade 0, 1 or 2.
	Grade 4	Discontinue	Do not resume
Proteinuria	≥ 2 gm / 24 hours	Interrupt	Resolves to less than 2 gm / 24 hours.
Nephrotic syndrome	-----	Discontinue	Do not resume
Renal impairment or failure	Grade 3	Interrupt	Resolves to Grade 0-1 or baseline.
	Grade 4*	Discontinue	Do not resume
Cardiac dysfunction	Grade 3	Interrupt	Resolves to Grade 0-1 or baseline.
	Grade 4	Discontinue	Do not resume
PRES/RPLS	Any grade	Interrupt	Consider resuming at reduced dose if resolves to Grade 0-1.
Hepatotoxicity	Grade 3	Interrupt	Resolves to Grade 0-1 or baseline.
	Grade 4*	Discontinue	Do not resume
Arterial thromboembolisms	Any grade	Discontinue	Do not resume
Haemorrhage	Grade 3	Interrupt	Resolves to Grade 0-1.
	Grade 4	Discontinue	Do not resume
GI perforation or fistula	Grade 3	Interrupt	Resolves to Grade 0-1 or baseline.
	Grade 4	Discontinue	Do not resume
Non-GI fistula	Grade 4	Discontinue	Do not resume
QT interval prolongation	>500 ms	Interrupt	Resolves to <480 ms or baseline
Diarrhoea	Grade 3	Interrupt	Resolves to Grade 0-1 or baseline.
	Grade 4 (despite medical management)	Discontinue	Do not resume

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Adverse reaction	Severity	Action	Dose reduce and resume lenvatinib
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*Grade 4 laboratory abnormalities judged to be non-life-threatening, may be managed as severe reactions (e.g., Grade 3)

Table 2 Dose modifications from recommended lenvatinib daily dose

Dose level	Daily dose (≥60kg)	Daily dose (<60kg)
Recommended daily dose	12mg	8mg
First dose reduction	8mg	4mg
Second dose reduction	4mg	4mg every other day
Third dose reduction	4mg every other day	Discontinue

Specific Information on Administration

Lenvatinib is for oral use. The capsules should be taken at about the same time each day, with or without food. The capsules can be swallowed whole with water. Caregivers should not open the capsule, in order to avoid repeated exposure to the contents of the capsule.

Alternatively, the lenvatinib capsules may be added without breaking or crushing them to a tablespoon of water or apple juice in a small glass to produce a suspension. The capsules must be left in the liquid for at least 10 minutes and stirred for at least 3 minutes to dissolve the capsule shells. The suspension is to be swallowed. After drinking, the same amount of water or apple juice (one tablespoon) must be added to the glass and swirled a few times. The additional liquid must be swallowed.

Avoid grapefruit or grapefruit juice.

THIS PROTOCOL HAS BEEN DIRECTED BY DR Mitchell, DESIGNATED LEAD CLINICIAN FOR UPPER GI CANCER

RESPONSIBILITY FOR THIS PROTOCOL LIES WITH THE HEAD OF SERVICE

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