

The Government classes pregnant women as at risk of severe illness with COVID-19
People who smoke have an increased risk of more severe respiratory infections.

Smoking in Pregnancy:

Increases the risk of miscarriage and doubles the chance of stillbirth.

Increases the risk of low birth weight and Increases the risk of premature birth.

For support go to healthierlsc.co.uk/quit



If you stop smoking now it will make a big difference to your health and the health of your developing baby.

The earlier you give up smoking in pregnancy, the better.

Quitting at any stage will benefit both you and your baby.

Don't give up on giving up.