

# Docetaxel (lung and upper GI use)

## Indication

Non Small Lung Cancer – 2<sup>nd</sup> line  
Advanced Oesophagogastric Cancer – 2<sup>nd</sup> line

## Regimen details

DRUG	FLUID	TIME
Docetaxel 75mg/m <sup>2</sup>	250ml 0.9% sodium chloride	1 hour

## Cycle frequency

Every three weeks

## Number of cycles

3-6 cycles

## Administration

Docetaxel is administered as an IV infusion in 250mL or 500mL (concentration dependent) PVC free sodium chloride 0.9% over 60 minutes.

Patients should be observed closely for hypersensitivity reactions, particularly during the first and second infusions.

## Pre-medication

Dexamethasone 8mg BD for 3 days starting 24 hours before chemotherapy

## Emetogenicity

Mild-moderate

## Additional supportive medication

None

## Extravasation

Irritant

## Investigations – pre first cycle

Investigation	Validity period
FBC	14 days
U+E (including creatinine)	14 days
LFT (including AST)	14 days

## Investigations –pre subsequent cycles

FBC, U+E (including creatinine), LFT (including AST), consultation prior to each cycle

## Standard limits for administration to go ahead

If blood results not within range, authorisation to administer **must** be given by prescriber/ consultant.

Investigation	Limit
Neutrophil count	$\geq 1.5 \times 10^9/L$ (if 1-1.5, contact consultant)
Platelet count	$\geq 100 \times 10^9/L$

Bilirubin	≤ ULN
AST	≤ 1.5 x ULN
Alkaline phosphatase	≤ 2.5 x ULN

## Dose modifications

### Haematological Toxicity

If neutrophils  $<1.0 \times 10^9/L$  and/or platelets  $<100 \times 10^9/L$  delay 1 week or until recovery (check with consultant if neutrophils 1-1.5)

If febrile neutropenia or neutrophils  $<0.5 \times 10^9/L$  for more than 1 week reduce dose to  $60\text{mg}/\text{m}^2$  for all subsequent cycles.

If platelets  $<25 \times 10^9/L$  consider dose reduction to  $60\text{mg}/\text{m}^2$  after recovery (discuss with consultant)

### Hepatic Impairment

AST/ALT (x ULN)		Alkaline phosphatase* (x ULN)	Docetaxel dose
≤ 1.5	And	< 2.5	100%
> 1.5	Or	≥ 2.5 - 6	$60\text{mg}/\text{m}^2$
> 3.0	Or	≥ 6	Discuss with consultant

\*Unless due to bone metastases only

If bilirubin > ULN withhold docetaxel (or consultant decision to treat)

### Other toxicities

Grade 3 cutaneous reactions – once recovered reduce dose to  $60\text{mg}/\text{m}^2$ . If symptoms return, discontinue treatment

Grade 2 neuropathy - once recovered reduce dose to  $60\text{mg}/\text{m}^2$ . If symptoms return, discontinue treatment.

Grade 3 or 4 neuropathy – discontinue treatment permanently.

Any other grade 3 or 4 toxicity- discuss with consultant.

## Adverse effects –

for full details consult product literature/ reference texts

- **Serious side effects**

Secondary malignancy  
Myelosuppression  
Infusion related reactions  
Anaphylaxis  
Interstitial pneumonitis  
Teratogenicity  
Infertility  
Cardiotoxicity  
Peripheral neuropathy

- **Frequently occurring side effects**

Diarrhoea  
Constipation  
Fatigue  
Nausea and vomiting  
Myelosuppression  
Stomatitis and mucositis  
Arthralgia and myalgia

- **Other side effects**

Alopecia  
Fluid retention  
Deranged liver function  
Phlebitis  
Skin toxicity  
Nail changes

## Significant drug interactions

– for full details consult product literature/ reference texts

CYP3A4 Enzyme inducers/inhibitors: in vitro studies suggest that CYP3A inhibitors (such as ketoconazole, ritonavir, clarithromycin and erythromycin) may raise docetaxel levels, whereas CYP3A inducers (such as rifampicin and barbiturates) may reduce docetaxel levels

## Additional comments

## References

Docetaxel SPC - <https://www.medicines.org.uk/emc/product/5762/smpc>

SWCN protocol - <http://www.swscn.org.uk/guidance-protocols/cancer-protocols/>

---

**This protocol has been reviewed by the Lancashire & South Cumbria Lung Oncology Consultants' Group and responsibility for the template lies with the Head of Service.**

Date: October 2020

Review: October 2022

VERSION: 15

---