



# Ready to embark on your **transformative** learning journey?

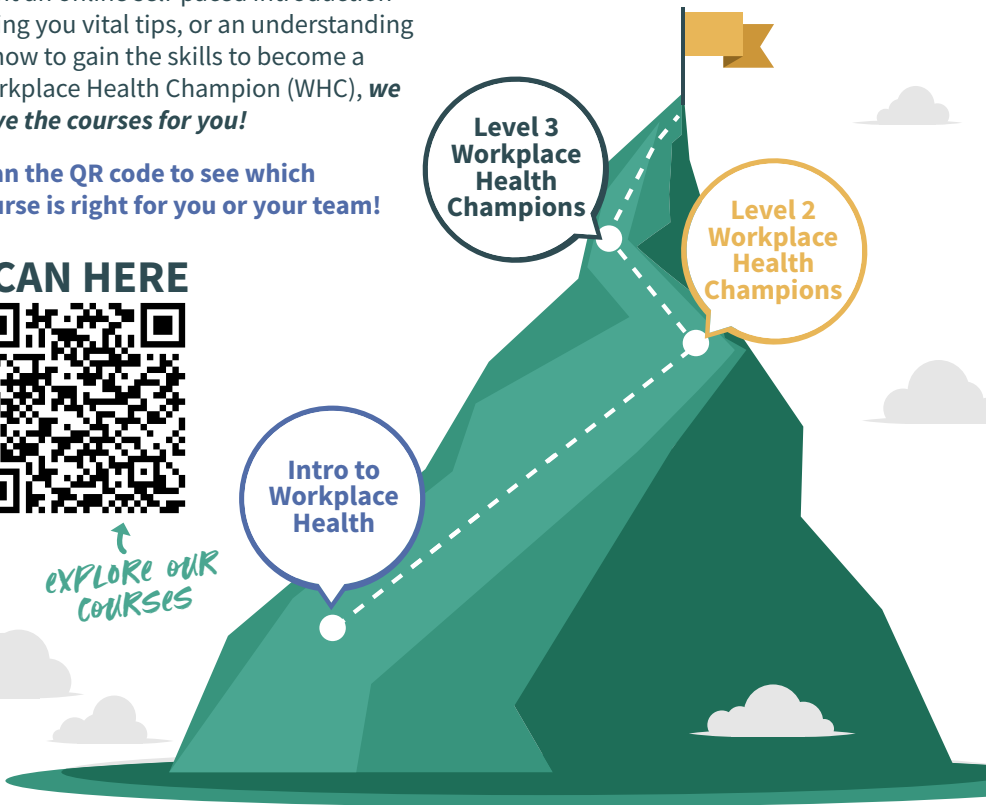
**There is a course for all...** whether you want an online self-paced introduction giving you vital tips, or an understanding of how to gain the skills to become a Workplace Health Champion (WHC), *we have the courses for you!*

Scan the QR code to see which course is right for you or your team!

**SCAN HERE**



↑  
*EXPLORE OUR COURSES*



# Level 2 Award in Introduction to Workplace Health Champions

This course will provide you with the underpinning knowledge required to become a health champion within the workplace.

Gain knowledge, ideas, and resources to help promote healthier choices, wellbeing or better still the skills.

SCAN HERE  
FOR MORE INFO



# Level 3 Award Skills for a Workplace Health Champion

Workplace Health Champions promote healthy lifestyles and well-being at work by inspiring others to take a more active role in their health.

They can be a source of information on all aspects of health and wellbeing, signpost people to services, and support others to make positive behavioural changes.

SCAN HERE  
FOR MORE INFO



Level 2 and 3 NCFE Accreditation

Access to a WPHC Hub

Be Part of a Community / Support Network

Sharing the Learning / Ideas to Try

Access to Additional eLearning to Support You in Your Role

Workplace Health Champions promote healthy lifestyles and Wellbeing at work by inspiring others to take a more active role in their health.

Are you ready to become a **Champion** and help to drive Workplace Health.....

Contact us for more information  
[learningzone@activelancashire.org.uk](mailto:learningzone@activelancashire.org.uk)

