



Commissioned for your school: New PSHE and pastoral support package

Digital Healthy Schools is being launched across Lancashire, Blackpool and Blackburn with Darwen. Schools are welcome to attend the launch events in any of the areas.

Why not book on to the next one...

To find out more about the programme, ask questions and see the resources and app finder, attend the next launch event:

When: 16:30 – 18:15, Tue 26th March

Where: St. Mary's Catholic Academy, St. Walburga's Road Blackpool, FY3 7EQ

Refreshments will be provided. To book your place, please register here:

<https://www.eventbrite.com/e/digital-healthy-schools-blackpool-launch-event-tickets-58590230958>

About the Digital Healthy Schools Programme

WATCH THE VIDEO <https://www.youtube.com/watch?v=8RgKTcBNHCQ>

The local Councils in Lancashire, Blackpool and Blackburn with Darwen have commissioned an exciting new initiative, the Digital Health Schools programme. Including age-appropriate health lesson package for secondary schools and colleges across the area to access and roll out at no cost to schools. It gives students the opportunity to learn about the risks of the unregulated digital health space, how to safely find and use Apps to improve their physical and emotional health and well-being in an engaging format.

Provided by ORCHA, part of the NHS England's National Innovation Accelerator Programme, Digital Healthy Schools was trialled by a number of secondary schools in 2018. High-levels of engagement were reported from students during lessons and later, continuing to use Apps to improve their mental and physical health. Teachers found the lessons easy to run.

The local Councils want all secondary and college students across the area to be armed with this information, helping to build resilience and tackle mental and physical health early, in line with the NHS Long Term Plan.

Blackpool Council

PUBLIC HEALTH



BLACKBURN
with
DARWEN
BOROUGH COUNCIL

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