



# New Breast Pain Clinic

Breast pain is very common.  
It is not a sign of breast cancer.  
Most women will experience  
breast pain at some stage  
in their life.

## Breast Pain Clinic

St Peter's Centre  
42 Church Street  
Burnley  
BB11 2DL

### Further Information

Understanding Breast  
Pain video available on  
YouTube

<https://youtu.be/v0FkthTQggc>

Produced by  
RM Partners  
West London Cancer Alliance



## Reasons why women have breast pain

Hormonal as menstrual cycle related/ pregnancy/breast feeding

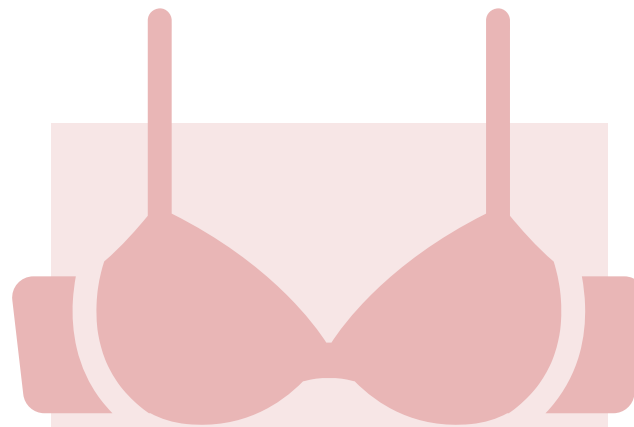
Breast infection or inflammation (will have other symptoms or signs)

Underlying organs like bone and muscle related

Nerve related like with back problems

## Can tests help in diagnosis or treatment?

There is no test that will confirm the cause of breast pain and not help with treatment at all



## Why the breast pain clinic?

To help support women with ongoing breast pain and avoid unnecessary investigations

Also to try and identify the cause of breast pain and help women manage it

## How does the breast pain clinic work?

Clinical assessment in form of history and examination

Family history assessment through questionnaire



## Why family history assessment?

To assess any increased risk of breast cancer in future and any need for you to be referred to family history clinic

## What if I have a cancer?

On its own pain is not a sign of cancer

Research has shown mammogram done for breast pain pick up fewer cancer than done as breast screening

So please attend your regular NHS Breast screening when offered